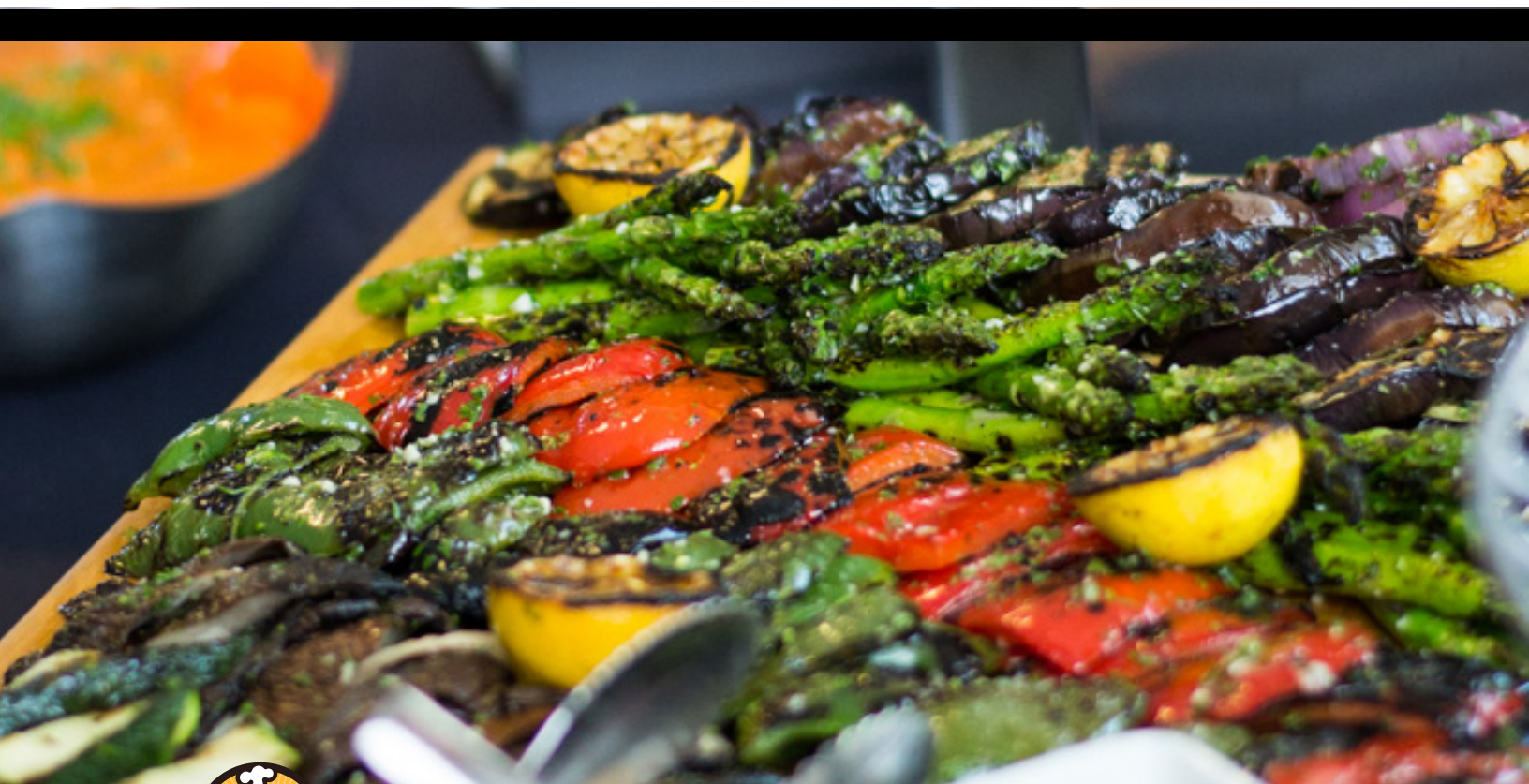




CATERING IDEA BOOK 2019



Metz
CULINARY MANAGEMENT

WELCOME

We are excited to provide you with our catering idea book to assist in planning your next event. The menus on the following pages are only a suggestion, however, they represent some of our popular selections.

Our commitment is to customize menus for your occasion. We continually develop new menus and ideas that incorporate regional preferences and cutting-edge culinary trends. From a formal dinner to meeting break refreshments, we will always offer creative menus, elegant presentations and thoughtful service to provide you and your guest with a memorable dining experience.

BREAKFAST

COFFEE SERVICE

\$2.00

Coffee Tea Water

QUICK START

\$5.59

Select one juice (orange/apple/cranberry), fresh brewed coffee, assorted teas, bagels, cream cheese, butter, and jelly

METZ CONTINENTAL

\$6.09

Select two juices (orange/apple/cranberry), fresh brewed coffee, assorted teas, muffins or danish, granola and yogurt, bagels or English muffins, and fresh fruit

DAY BREAKERS

\$9.09

Scrambled eggs, pick two meats (ham/bacon/sausage), home fries, choice of two juices (orange/apple/cranberry), fresh cut fruit, muffins with butter and jelly, plus fresh brewed coffee and assorted teas

GET UP & GO

\$5.59

Pick two juices (orange/apple/cranberry), fresh brewed coffee, assorted teas, fresh fruit, whole wheat muffins, light cream cheese, nut butter, sugar-free jam, assorted granola bars

LUNCH

SIGNATURE LUNCH

\$10.29

Choice of three gourmet sandwich selections, one salad mix and one composed salad, chips, bottled water, lemonade, and dessert

HEALTHY LUNCH

\$8.59

Choice of salmon or vegetable sandwich, one composed salad, spa-water, hand fruit, baked chips, or pretzels, and granola bars

SANDWICHES

BLACK & BLEU Roast beef, caramelized onions, baby arugula, bleu cheese, and citrus vinaigrette

TUSCAN Prosciutto, capicola, provolone, roasted peppers, tomato, spring mix, onion, and herbed dressing

SONOMA GRILLED CHICKEN Marinated chicken, avocado, smoked bacon, romaine, and lemon aioli

TURKEY HARVEST Roasted turkey, smoked gouda, cranberry orange spread, Granny Smith apples, and spring mix

SEARED SALMON Wild salmon, baby spinach, dill hummus, and red onions

ROASTED VEGETABLE Roasted seasonal vegetables with hummus and fresh greens

SALADS (CHOICE OF HOUSE DRESSING)

Caesar

Oriental

Creek

CLASSIC LUNCH

\$9.79

Choose three chef inspired classic sandwiches, bottled water, lemonade, chips or pretzels, choice of one salad mix, and one composed salad, and choice of one dessert

BOXED LUNCH

\$8.79

Choose two chef inspired classic sandwiches, bottled water, chips or pretzels, seasonal hand fruit selection, and fresh baked cookies

CHEF INSPIRED CLASSIC SANDWICHES

Ham & cheddar

Turkey & Swiss

Classic Italian

Grilled vegetable

Tuna salad

Roasted chicken salad

Egg salad

Roast beef & pepper jack

SALAD MIXES (CHOICE OF HOUSE)

Caesar

Mixed greens

Spinach

COMPOSED SALADS

Mediterranean grains

Classic coleslaw

Grilled vegetable pasta

Red skin potato

Broccoli, bacon, & cheddar

Fresh cut fruit

DESSERTS

Gourmet cookies

Fudge brownies

Signature bars

All lunches include plates, napkins, cups, condiments and pickle. Additional beverage service can be added to any of the lunch for an additional cost (soda, tea, coffee).

DELI PLATTER

Includes choice of three meats, cheeses, and breads, plus one salad mix and one composed salad, house-made chips, bottled water, flavored house-brewed tea, choice of two desserts

DELI PLATTERS

\$8.79

Served with lettuce, tomatoes, onions, pickles, mayo, and mustard.
Wraps also available.

Roasted turkey
Baked ham
Roast beef
Salami
Pepperoni
Pastrami

Cheddar
American
Provolone
Swiss
Pepper jack
Couda

Ciabatta
Whole wheat
Kaiser roll
Brioche
Croissant
Pretzel bun

SALAD MIXES (CHOICE OF HOUSE DRESSING)

Caesar

Mixed Greens

Spinach

COMPOSED SALADS

Mediterranean grains
Classic coleslaw
Grilled vegetable pasta

Red skin potato
Broccoli, bacon, & cheddar
Fresh cut fruit

DESSERTS

Courmet cookies

Fudge brownies

Signature bars

SERVED & BUFFET MENU

Select a menu from our most popular options listed below or a Metz representative can help design a menu. For buffet meals, an additional charge will be added to the most expensive entrée desired. **STARTING AT \$13.49**

ENTRÉE SELECTIONS

Filet mignon

Herb roasted chicken

Vegetable lasagna

Stuffed portobello mushroom

Atlantic salmon

Roasted pork loin

Chicken breast

Fillet of flounder

Fried chicken

Roasted beef au jus

CARVING SELECTIONS

Whole turkey breast

Beef tenderloin

Prime rib

Pork loin

Marinated flank steak

STARCH SELECTIONS

Mixed grain rice pilaf

Roasted red potatoes

Sweet potato casserole

Black beans & rice

Mashed potatoes

Roasted root vegetables

Couscous pilaf

VEGETABLE SECTIONS

Sautéed green beans

Brussels sprouts

Herb roasted vegetables

Seasoned broccoli

Grilled asparagus with lemon

Seasonal fresh vegetables

Oven roasted cauliflower

SALAD SELECTIONS

Mixed greens

Caesar

DESSERT SELECTIONS

Strawberry short cake

Whipped chocolate mousse

Assorted dessert bars

Cheesecake

Double layer chocolate cake

Crème brûlée

Fresh fruit tarts

Seasonal dessert parfaits

THEMED BUFFET

Minimum of 20 guests

ITALIAN

Chicken Parmesan
Tuscan vegetables
Garlic bread
Caesar or mixed greens salad
Tiramisu

\$13.75

Two pastas:
penne, spaghetti, rotini, or ziti
Two sauces:
marinara, alfredo, roasted garlic
pesto, or prima rosa

INDIAN

Chicken tikka masala
Alu chole
Palak paneer
Vegetable samosas
Tamarind chutney
Naan

\$13.95

Tomato chutney
Cilantro chutney
Basmati rice pullao
Cucumber raita
Choice of desserts

SUMMER CLASSIC COOKOUT

Grilled chicken
Hot dogs, hamburgers
Baked beans
Fresh corn on the cob
House-made chips

\$13.45

Pasta salad
Potato salad
Condiments and toppings
Cookies and brownies

ASIAN

Char Sui glazed chicken
Korean-style beef
Vegetable egg rolls
Stir fried vegetables
Ponzu grilled squash

\$13.75

Coconut curry sticky rice
Buckwheat soba noodle salad
Won ton crisps & duck sauce
Fortune cookies

LATIN AMERICAN

Shredded Pork Carnitas
Vegetarian stuffed poblano
Spanish rice
Latin street corn

\$13.45

Spiced Chicken
Chili lime tri-color tortilla chips
Various topping
Spiced cinnamon churros

SOUTHERN BBQ

Eastern Tennessee pulled pork
Memphis ribs
Hickory smoked wings
Carolina- & St. Louis-style sauces
Fire & ice coleslaw

\$13.95

Buttermilk skillet cornbread
BBQ bacon potato salad
Pimento macaroni and cheese
Braised collards
Moon pies

MEDITERRANEAN

Ras el hanout pork tenderloin
Schug chicken
Grilled lamb kofta
Htipiti
Hummus

\$13.45

Warm pita
Rice pilaf
Mediterranean grain salad
Cremolata grilled vegetables
Baklava

RECEPTIONS

STATION MENU

Cheese & cracker tray... \$3.09	Hot artichoke dip with grilled pita chips... \$2.95
Mediterranean hummus & olives... \$2.49	Fresh vegetable tray... \$1.79
Fresh fruit tray... \$2.29	Shrimp cocktail... market price
Antipasto platter... \$2.29	Assorted bruschetta... \$2.79
Buffalo chicken dip... \$2.95	Charcuterie... \$3.49
Roasted salmon platter... \$3.49	

HORS D'OEUVRE STATION

Beef & horseradish crostini... \$2.75	Pulled pork tortilla crisp... \$2.55
Scallops wrapped in bacon... \$3.45	Petite crab cakes... \$3.45
Cuban pork spring rolls... \$2.75	Grilled tuna & wasabi cream... \$3.05
Braised short ribs bites... \$2.75	Chilled spicy cilantro shrimp... \$3.05
Pork belly & sweet potato... \$2.75	Boursin chicken empanada... \$3.05
Teriyaki chicken skewer... \$2.85	Peanut chicken satay... \$2.85
Caprese skewer... \$2.05	Pepperjack mac & cheese fritter... \$2.75
Havana-style chicken croquette... \$2.75	Spinach & goat cheese tartlets... \$2.95
Tomato basil bruchetta... \$2.25	Teriyaki chicken skewer... \$2.85
Bleu cheese & walnut crostini... \$2.25	Peanut chicken satay... \$2.85
Shitake & brie toast... \$2.05	Moroccan chicken with harissa... \$2.85

BAKE SHOP per guest

Petite gourmet cookies... \$1.75	Assorted dessert bars... \$1.75
Assorted cereal bars... \$1.55	Double chocolate brownies... \$1.65
Petit fours and mini Italian cakes... \$4.45	Decorated sheet cake
Fresh baked cookies... \$1.45	half sheet... \$35
Buttermilk Panna Cotta... \$2.45	full sheet... \$65
Lemon Bars... \$1.75	

BEVERAGES per guest

Iced tea... \$0.75

Bottled water... \$1.75

House blend coffee... \$2.89

Mock Sangria... \$2.89

Flavored Lemonade... \$1.50

Assorted soft drinks... \$1.05

Assorted juices... \$1.69

Flavored spa water... \$0.75

Lemonade... \$1.75

TABLEWARE per guest

High End Disposables... \$0.89

Linen Napkins... \$2.00/napkin

China Service... Call for details and rental pricing

Table Linens... \$4.45/linen



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