





























































































































	Monday January 14, 2019	Tuesday January 15, 2019	Wednesday January 16, 2019	Thursday January 17, 2019	Friday January 18, 2019	Saturday January 19, 2019	Sunday January 20, 2019
	Scrambled Eggs Crispy Bacon Turkey Sausage Patties Buttermilk Pancakes Hash Brown Triangles Oatmeal Bacon & Egg Breakfast Sandwich Eggs and Omelets to Order Belgian Waffle Bar	Scrambled Eggs Turkey Bacon Sausage Patties French Toast Sticks Fresh Home Fries Cream of Wheat Broccoli & Cheddar Quiche Eggs and Omelets to Order Belgian Waffle Bar	Scrambled Eggs Crispy Bacon Turkey Sausage Patties Cinnamon Maple French Toast Seasoned Breakfast Cubes Oatmeal Sausage & Egg Breakfast Sandwich Eggs and Omelets to Order Belgian Waffle Bar	Scrambled Eggs Turkey Bacon Pork Sausage Links Chocolate Chip Pancakes Tater Tots Grits Bacon & Cheese Quiche Eggs and Omelets to Order Belgian Waffle Bar	Scrambled Eggs Crispy Bacon Gerber Chicken Sausage Links Cinnamon Rolls with Vanilla Icing Fresh Home Fries Oatmeal Bacon & Egg Breakfast Bagel Eggs and Omelets to Order Belgian Waffle Bar	Scrambled Eggs Crispy Bacon Turkey Sausage Links Buttermilk Pancakes Hash Brown Triangles Oatmeal Biscuits and Sausage Gravy Eggs and Omelets to Order Belgian Waffle Bar	Scrambled Eggs Crispy Bacon Vegetarian Sausage Patties French Toast Sticks Seasoned Breakfast Cubes Oatmeal Cheese Blintz with Mixed Berries Eggs and Omelets to Order Belgian Waffle Bar
	Fresh Made to Order Sandwiches, Subs and Wraps	Fresh Made to Order Sandwiches, Subs and Wraps	Fresh Made to Order Sandwiches, Subs and Wraps	Fresh Made to Order Sandwiches, Subs and Wraps	Smoothie Station	Closed	Closed
<i>Main Plate</i> LUNCH	<ul style="list-style-type: none"> <li> Southwest Marinated and Grilled Chicken with Lime Crema Garnish</li> <li> Southwest Marinated and Grilled Tofu Triangles with Avocado Salsa</li> <li> Corn Cakes with Fresh Pico De Gallo</li> <li> Roasted Cauliflower with Cumin and Paprika</li> <li> Steamed Green Beans</li> <li> Chips, Salsa, Guacamole, Sour Cream</li> </ul>	<ul style="list-style-type: none"> <li> Baked Pork Chops &amp; Apples</li> <li> Garlic and Herb Grilled Tofu Steaks</li> <li> Whole Grain Rice Medley</li> <li> Roasted Asparagus with Lemon and Garlic</li> <li> Steamed Broccoli</li> <li> Dinner Rolls and Butter</li> </ul>	<ul style="list-style-type: none"> <li> Build Your Own: Tacos (Hard and Soft Shells)</li> <li> Choice of Turkey Taco Meat, Sofritas and Fajita Vegetables</li> <li> Seasoned Black Beans and Spanish Rice</li> <li> Sautéed Corn</li> <li> Salsa, Guacamole, Sour Cream, Cheese, Shredded Lettuce, Tomatoes, Black Olives, and Jalapenos</li> </ul>	<ul style="list-style-type: none"> <li>   Pasta Bar</li> <li> Meat: Choice of Chicken, Shrimp or Tofu</li> <li> Sauce: Marinara and Roasted Garlic Alfredo</li> <li> Pasta: Bow Tie and Whole Grain Penne. GF Pasta Available</li> <li> Assorted Vegetables</li> <li> Texas Toast Garlic Bread</li> </ul>	<ul style="list-style-type: none"> <li> Crispy General Tso Chicken</li> <li> Crispy Sweet and Sour Vegan Chk'n Bites</li> <li> Lo Mein Noodles with Peanut Sauce, Peppers and Broccoli</li> <li> Roasted Pumpkin with Balsamic Glaze</li> <li> Chinese Five Spice Roasted Squash and Zucchini</li> <li> Cold Soba Noodle Salad</li> </ul>	Closed	Closed
	<ul style="list-style-type: none"> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Hawaiian Pizza</li> </ul>	<ul style="list-style-type: none"> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Bowtie Pasta with Pepperoni, Sausage and Marinara</li> <li> Bosco Sticks</li> </ul>	<ul style="list-style-type: none"> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Vegetable Supreme Pizza</li> </ul>	<ul style="list-style-type: none"> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Alfredo Chicken Pizza</li> </ul>	<ul style="list-style-type: none"> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Chicken, Bacon and Jalapeno Mac and Cheese</li> </ul>	<ul style="list-style-type: none"> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> </ul>	<ul style="list-style-type: none"> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> </ul>
<i>Main Plate</i> DINNER	<ul style="list-style-type: none"> <li> Asian Marinated and Roasted Salmon with Cabbage Slaw</li> <li> Teriyaki Glazed Fried Tofu Bites</li> <li> Roasted Red Skin Potatoes</li> <li> Orange Thyme Roasted Beets</li> <li> Roasted Carrots and Parsnips</li> </ul>	<ul style="list-style-type: none"> <li> BBQ Beef or  Fried Vegan BBQ Chk'n Patties</li> <li> Mac and Cheese</li> <li> Thyme Roasted Sweet Potatoes</li> <li> Sautéed Kale with Onions and Tomatoes</li> <li> Roasted Cauliflower</li> </ul>	<ul style="list-style-type: none"> <li> Italian Marinated Chicken with Tomato Bruchetta Topping</li> <li> Quinoa Stuffed Sweet Potatoes</li> <li> Pasta Oligolio</li> <li> Steamed California Blend Vegetables and Roasted Asparagus</li> <li> Caprese Salad</li> </ul>	<ul style="list-style-type: none"> <li> Chimichurri Marinated Beef Loin</li> <li> Breaded and Baked Eggplant with Sundried Tomato Pesto</li> <li> Brown Rice Pilaf Rice and Cajun Roasted Red Skin Potatoes</li> <li> Roasted Brussels Sprouts</li> <li> Roasted Garlicky Green Beans</li> </ul>	<ul style="list-style-type: none"> <li> Chicken Paprikash</li> <li> Loaded Vegetable Pot Pie</li> <li> Homemade Thyme and Garlic Spaetzle with Parsley and Olive Oil</li> <li> Steamed Broccoli and Roasted Asparagus</li> <li> Ice Cream Sundae Bar</li> </ul>	<ul style="list-style-type: none"> <li> Sautéed Turkey Cutlets with Red Pepper Coulis</li> <li> Baked Ranch Breaded Tofu Squares</li> <li> Garlic Mashed Potatoes</li> <li> Corn on the Cob</li> <li> Steamed Broccoli</li> </ul>	<ul style="list-style-type: none"> <li> Chicken Scallopini</li> <li> Noodles with Olive Oil, Garlic and Parsley</li> <li> Steamed Baby Carrots</li> <li> Roasted Broccoli with Parmesan and Lemon</li> </ul>
	<ul style="list-style-type: none"> <li> Grilled Chicken Tenders</li> <li> Lunch: Chicken Burger with Avocado, Chipotle Mayo, Lettuce, Tomato</li> <li> Dinner: Hot Pistrami Sandwich</li> <li> Battered French Fries</li> </ul>	<ul style="list-style-type: none"> <li> Grilled Chicken Tenders</li> <li> Lunch: Hot Dog Bar</li> <li> Dinner: Spicy Fried Chicken Sandwich</li> <li> Waffle Fries</li> </ul>	<ul style="list-style-type: none"> <li> Grilled Chicken Tenders</li> <li> Lunch: Marinated and Grilled Vegetables and Tofu Triangles</li> <li> Dinner: Monte Cristo Sandwich</li> <li> French Fries</li> </ul>	<ul style="list-style-type: none"> <li> Grilled Chicken Tenders</li> <li> Lunch: Crab Cakes with Tartar Sauce</li> <li> Dinner: Grilled Chicken and Three Cheese Sandwich</li> <li> Sweet Potato Fries</li> </ul>	<ul style="list-style-type: none"> <li> Grilled Chicken Tenders</li> <li> Lunch: Buffalo Chicken Quesadilla</li> <li> Dinner: Pizza Bagels</li> <li> Steak Fries</li> </ul>	<ul style="list-style-type: none"> <li> Grilled Chicken Tenders</li> <li> Build Your Own Nachos</li> <li> Nacho Cheese, Tortilla Chips, Jalapenos, Salsa, Guacamole</li> <li> Battered French Fries</li> </ul>	<ul style="list-style-type: none"> <li> Grilled Chicken Tenders</li> <li> BLT Sandwiches</li> <li> Loaded Potato Skins</li> <li> Waffle Fries</li> </ul>
	Krab Salad	4 Bean Salad	 Steamed Seasoned Quinoa	 Roasted Vegetable Pasta Salad with Pesto Mayo	 House-made Hummus and Pita Chips		
	Chicken Noodle Du Jour	Beef Chili Du Jour	Italian Wedding Soup Du Jour	 Roasted Garlic and Potato Soup Du Jour	Pumpkin and Chorizo Soup Du Jour		

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

 Denotes Vegan Item  
 Denotes Vegetarian Item  
 Denotes Gluten Free

Signifies Food Holiday Celebration